

DEPARTMENT SPOTLIGHT:

Physiotherapy, September 8th

September 8th was World Physiotherapy Day! Here is A message from our own Physiotherapy Assistant, Ranjan:

My work in the Red Lake Hospital is ever changing and well rewarding. More than anything, I enjoy spending time with my patients. It is fulfilling to know that I am helping some one—the best part about this role.

My learning experience is enriched by meeting different people from different places and with different values in life. I learn a lot from my patients, and it is most satisfying when you see them say thank you and I know that I have helped them.

I have been fortunate to live in India, Australia, the UK and my favourite.. this beautiful country of ours, Canada!

Here is a synopsis of my travel journey as a physiotherapist to many countries in the past 20 years: I graduated in 2000 with a **Bachelors of PT** in India. After a few years providing service in my home town, I wanted to travel overseas. I decided to go to Leeds, UK for 2 years and completed a Masters. I later decided to travel to Australia for a 1 year Exercise Science Degree. I ended up there for many years and enjoyed treating Australian Cricket and AFL players. Later, my family and I wanted to explore Canada, so we shifted to Toronto, but then returned to England, UK where I worked as a Senior PT in a MSK Department for three years. Luckily, we were able to return to Canada when I found a job here at Red Lake, a stay of a life time memory...the pristine beauty of Red Lake!

These travel journeys have taught me one thing, “to respect everyone”, I think this is a lesson only experience can teach us. I hope I can do this physio job for longer and travel to more places to learn everyday.



Above: In honour of World Physiotherapy Day, Ranjan led a group of staff members in some outdoor exercises! Ranjan has been passionate about instilling us with the physio bug, since he started here, last fall!